BRITISH COLUMBIA Ministry of Health
The Best Place on Earth

BRITISH COLUMBIA MEDICAL ASSOCIATION

PREVENTION (Age 50-70)
FLOW SHEET

♦ = MANDATORY / BASELINE FIELDS

♦ PATIENT NAME		♦ HEALTH # (E.G. BC PHN)	♦ DATE OF VISIT (DD-MMM-YYYY)
♦ BIRTHDATE (DD-MMM-YYYY)	♦ GENDER ☐ MALE ☐ FEMALE	♦ PHONE (INCLUDE AREA CODE)	CHART NUMBER
PRACTICE TEAM ID		♦ PROVIDER ID (MSP PRACTITIONER NUMBER / NAME)	

CO-MORBID CONDITIONS

☐ ALCOHOL OVERUSE	☐ CARDIOMYOPATHY	☐ DEPRESSION	☐ LIPID ABNORMALITY	☐ PVD	☐ VALVULAR HD
☐ ARTHRITIS	☐ CHF	☐ DIABETES	☐ LIVER DISEASE	☐ SMOKING	
☐ ASTHMA	☐ COPD	☐ HYPERTENSION	☐ OBESITY	☐ STROKE - CVD	
☐ ATRIAL FIBRILLATION	☐ CAD	☐ KIDNEY DISEASE	☐ OTHER RHYTHM PROBLEM	☐ SUBSTANCE ABUSE	

PATIENT DATA, BY DATE

✔ = RECALL

REVIEW		MOST RECENT DATA		NEW DATA
Hypertension	Blood Pressure If applicable, check Hypertension co-morbidity			ENTER VALUE /
Overweight	BMI Measurement: 25-30 = Overweight; > 30 = Obese If applicable, check Obesity co-morbidity			☐ LBS ☐ FT IN ☐ KG ☐ CM **- or -** BMI:
Healthy Eating	Advise on Nutritional Habits (increase fibre, decrease fat)			☐ ADVICE ☐ INAPPROPRIATE
Physical Activity Status	Patient completing moderate physical activity (30+ minutes most days a week) If not, advise on physical activity			PATIENT PHYSICALLY ACTIVE ☐ YES ☐ NO ☐ ADVICE
Tobacco Use	Smoking status			☐ NON-SMOKER ☐ PREVIOUS > 5 YRS. ☐ PREVIOUS < 5 YRS. ☐ CURRENT
	Smoking Cessation			☐ ADVICE ☐ COUNSELING
Alcohol Use	Assessed with CAGE, MAST, AUDIT or Clinical Judgment			PROBLEM DRINKER ☐ YES ☐ NO
	Counseling			☐ COUNSELED
Colon Screening	Haemoccult Test			☐ ORDERED DATE (DD-MMM-YYYY) ☐ COMPLETED ☐ INAPPROPRIATE
Influenza	Vaccination			☐ COMPLETED DATE (DD-MMM-YYYY) ☐ INAPPROP/REFUSED
Baseline	Patient is part of Prevention baseline			☐ YES

WOMEN

Cervical Screening	Papanicolaou Smear			☐ COMPLETED DATE (DD-MMM-YYYY) ☐ INAPPROPRIATE
	Recall Status			☐ 6 mo ☐ 1 yr ☐ 2 yr
Breast Screening	Mammography			☐ COMPLETED DATE (DD-MMM-YYYY) ☐ INAPPROPRIATE
	Clinical Breast Exam			☐ COMPLETED

COMMENTS

NOTE: These are selected recommended maneuvers from the Canadian Task Force on Preventive Health Care guidelines.

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