

Walk this Way: Better Together

A Quality Improvement Workshop



ATLANTICA HOTEL HALIFAX

November 6-8, 2018

REGISTER TODAY!

REGISTRATION FEE

\$1,000 plus applicable taxes
(lunch and refreshments are included in the registration fee)

Nurses are uniquely positioned to improve the health system, care delivery, and the work environment. The best ideas for improvement come from those in the know. From those who provide care and service every day in hospital, long-term care and community. All nurses across Canada have the power to come together and create a stronger care environment for their patients, residents and clients, and for each other. Want to learn how? Join us to learn how to start and sustain this journey. Register today – space is limited! Workshop is 8:30 a.m.-4 p.m. daily.

**This workshop has been accredited by the Canadian Nurses Association.
16 professional development hours**

► **See reverse for program design and learning objectives.**

ACCOMMODATIONS

ATLANTICA HOTEL HALIFAX

1980 Robie St, Halifax, NS B3H 3G5

\$119 per night plus applicable taxes
150 hotel rooms blocked for CNA

Hotel block release date, book on or before October 5th, 2018

Call direct to hotel for CNA Block Reservation

1-888-810-7288 or 902-423-1161

or email reservation to reservations@atlantichalifax.com

atlantichalifax.com

*WESTJET

On behalf of our team, we would like to thank you for choosing WestJet for your travel plans. We are happy to confirm that for the upcoming **“Walk this Way”** we are able to offer **5% off Econo* and Flex and 10% off Plus base fares for Domestic Travel and 2% off Econo*, 5% off Flex and 10% off Plus base fares for guests travelling Trans-border**** between **Winnipeg and Halifax** and anywhere WestJet flies in **North America** (including our Delta code-share partner network). To take advantage of this offer, you will need the discount code listed. Please visit <https://westjet.com/conventions> to make a booking online.

Halifax - Travel from: October 31 – November – 15, 2018

Book with airline codes and receive CNA discount

*WestJet

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Promo code **WEE91** for call in reference only

Air Canada

CNA flight code **ZDN7QV81**



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WALK THIS WAY: BETTER TOGETHER

A QUALITY IMPROVEMENT WORKSHOP

PROGRAM DESIGN AND LEARNING OBJECTIVES

Working with experts from across the country, this workshop will give you lifelong skills that support collaboration with interdisciplinary teams and foster shared decision-making.

Over three full days, you'll be immersed in a learning and collaborative environment with your colleagues. Each section of the workshop is focused on a concept or theme that builds upon one another to continually reinforce and strengthen your understanding of what is being taught. This workshop was created on the following principles:

- **Focus on workplace applicability and feedback:** You'll be able to immediately apply what you learn into your own workplace setting. Opportunities for coaching and feedback will be made available to support you in moving the methods you've learned into your daily work.
- **Concepts that build on each other:** As you journey through the training, you'll continue to deepen your understanding of all the concepts and how they work together.
- **Feedback and evaluation:** Throughout the entire workshop, you'll have the opportunity for self-assessment as well as receiving feedback from faculty and peers.
- **Networking:** Build on your interprofessional network of peers from across Canada.

You will learn how to:

- Identify, through evidence, value and waste in your daily work. See how to engage your interdisciplinary teams to remove "time wasters," which can be frustrating and get in the way of providing quality, compassionate care. The approaches you learn will help you free up time to provide safe care for your patients, residents and clients.
- Make your work and your team's work visible, so there is a true understanding of workload among team members and management. You will be able to implement visual signals to communicate to your entire team key moments during the day that require immediate action.

- Examine a process to identify barriers to delivering safe care every day. You will learn the tools required to identify the root cause of mistakes and make improvements, so it's easier for you to provide safe care. You will also learn methods to identify and reduce hand-offs between care providers, saving you time and creating a safer care experience.
- Gather the evidence you need, working with your team, to map current workflows and determine where there are opportunities to improvements in those flows.
- Implement your improvement ideas with the proven cycle of *plan-do-check-act*. These small tests of change allow you to make a measurable difference in the workplace without the complications of committees and meetings.
- Create effective team communication both in your own workplace and among leadership teams. You will learn the tools required to lead, coach and apply the tools immediately in your daily work. You will be able to engage in self-reflection and set goals for development as an improvement leader.

The workshop's faculty of teachers and coaches includes nurses with first-hand experience across the entire care continuum. In addition to these highly trained practitioners, the faculty also has patient advisors, academics, and quality and safety specialists. This faculty team has extensive training, certification and hands-on experience in quality improvement.

Workshop facilitators will establish effective and culturally safe communication within the learning environment, increasing awareness and insight as part of the engagement process between participants. The facilitators will strive to be inclusive of all participants, with deep respect for all. Participants will have the opportunity to establish mentorship relationships to help support them to succeed in the workplace. The workshop is built on adult learning principles and methods.