Who is the Clinical Nurse Specialist?

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December 10, 2013
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The Clinical Nurse Specialist

A registered nurse who holds a master’s or doctoral degree in nursing with expertise in a clinical nursing speciality (CNA, 2008).
CNS Practice

- Across the life span
- Complex Issues
- Clinical Specialities
- Variety of Settings
What does the CNS bring to the health system?
Competencies

Nursing Knowledge

Theory

Research

Clinical Experience
The Pillars

Clinical
Research
Leadership
Consultation and Collaboration
• Uses expert knowledge, skills and competencies to enhance continuous quality improvement and quality care.

Why

• Utilize competencies to influence system changes resulting in positive outcomes for clients, providers, professionals, stakeholders and organizations.

CNSs

• Evidence shows that CNSs clinical practice results in cost effectiveness, quality of care, and client satisfaction.

Matter
Practice Outcomes

What
- Positive impact on health outcomes
- Reduce cost length of hospital stay

Are the
- Reduced frequency of emergency room visits
- Improved pain management practices

Outcomes
- Increased patient satisfaction with nursing care
- Reduced medical complications in hospitalized patients
Influence on Practice

Patient/Client/Resident → Nursing Practice → Health-care Organization
Barriers to Practice

- Role Ambiguity
- Job Expectation
- Role Implementation
- Reporting Structure

Practice

- Education
- Provincial & Territorial Nursing Associations
- Organizational Structure
My Personal Experience

- Communities
- Provincial Health Systems
- Community Health Planning

- Families
- Individuals
- Communities

Linkages/ Collaboration

Consultations/ Connections
Internal & External

CQI & Improved Access to Services

Change Agent & Activities

Promoting Mental Wellness
- Advocacy
- Education/Mentoring
- Knowledge Transfer
- Crisis Intervention

CNS

My Personal Experience

- Community Health Nurses
- Mental Wellness & Addiction Workers
- Health Directors
- Other Health Staff

Consultations/ Connections
Internal & External

CQI & Improved Access to Services

Change Agent & Activities
Main Component

Implement Objective

Outputs Countable Indicators Characteristics Of Those Served

Short-Term Outcomes (To Increase Or Decrease)

Long-Term Outcomes (Prevention)

Leader/Clinician

- Clinical Practice
- Mental Health Expertise
- Role Modelling

Consultant

- Best Practice
- Evidence-Based Practice Standards
- Professional Support

Researcher/Educator

- Community Development
- Knowledge Transfer
- Professional Development

Change Agent

- Challenging the Process
- Input into National Initiatives

Mental Health Inventory of Activities

Community Visits

Research Findings Training Sessions

Interagency Collaborative Initiatives

Personal Satisfaction
Increased Job Satisfaction
For CHN

Increased Information and Awareness
Improve Access to Care

Promote System Changes Education

Enhanced Service Delivery
Integration of Traditional Holistic Approach

For Clients at Risk
Early Identification, Assessment & Appropriate Treatment

October 2004
Summary

- Change Agents
- Salient Points
- Snapshot

Change Agents
Salient Points
Snapshot
References


References

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Upcoming Webinar

Learn more about advancing public health nursing in schools

January 14, 2014, 12 to 12:45 pm ET
Thank you!